



## 2024 HOLIDAY PROGRAMMES AT THE CITY FOOTBALL ACADEMY

## LEARN HOW TO PLAY BEAUTIFUL FOOTBALL LIKE A MANGHESTER GITY PLAYER

Achieve your football potential by learning and training at the home of the Treble Winners.

We have holiday programmes for boys and girls of all abilities aged 9-17. As Manchester City coaches are experienced in delivering the club's philosophy and methodology, they can provide an authentic insight into how world-class footballers train.





This is a truly unique opportunity to develop key interpersonal skills and play alongside players from all over the world - participants travelled from over 70 countries to experience our life-changing programmes last year.

This prospectus will help you decide which Manchester City Programme is most suitable for your aspiring footballer.

"We look forward to welcoming young players from all over the world to the City Football Academy to experience how City players train and play."

Pep Guardiola Manager, Manchester City

## **OUR PROGRAMMES**

At Manchester City, our mission is to support the development of young football players, helping them to improve their skills and boost their confidence.



FOR BOYS AND GIRLS AGED 9-17



FOR BOYS AND GIRLS AGED 9-13



FOR BOYS AND GIRLS AGED 14-17

## EXPERIENCE THE ETIHAD CAMPUS

Sessions will be based at the City Football Academy, Manchester City's world-class training facility, shared by the Mens' and Womens' First Teams and Boys' and Girls' Academy Teams.











## ALL PROGRAMMES INCLUDE:

- Etihad Stadium Tour
- 15 Hours Per Week of Football Training
- 15 Hours Per Week of off-field education sessions
- Modern, High-Quality Accommodation

- Full-Board Meals
- Official Training Wear
- Immersive evening activities
- Closing Celebration (families welcome)



### LEARN ENGLISH PLAYING BEAUTIFUL FOOTBALL







## Want to improve your performance on the field and develop your communication skills?

Our Manchester City Football Language Programme sees players gain a mixture of practical on-field training and engaging language lessons.

Using realistic game scenarios, our coaches work on both your individual techniques and game play, giving players a better understanding of how Manchester City play 'Beautiful Football'. During our language sessions, all players put their skills into practice in creative footballthemed activities, such as:

- Press conferences
- Media interviews
- Commentary
- Analysis and punditry

View our pricing and dates

#### **Programme Details**

- 15 hours per week of football coaching
- 15 hours of off-field education sessions
- Courses begin on Sundays and end on Fridays
- Suitable for all English speaking abilities



1 or 2 weeks (5 or 12 nights



2 weeks (12 nights

You can also choose to combine City Football Language with our Development or Performance programmes.





### TRAIN LIKE A MANCHESTER CITY ACADEMY PLAYER



## Our Development Programme gives players aged between 9-13 the unique experience of training like a Manchester City Academy player.

Through practical training sessions and interactive workshops, players will develop their football skills and confidence in a world-class learning environment.

From 1v1 situations up to 9v9 games, discover firsthand how Manchester City develops their players' understanding, and how this is then transferred into game play.

#### **Programme includes:**

- Individual development
- Nutrition
- Wellbeing
- Technology

View our pricing and dates

#### **Programme Details**

- 15 hours per week of football coaching
- 15 hours of off-field education sessions
- Courses begin on Sundays and end on Fridays
- Suitable for B1 / Intermediate English speakers

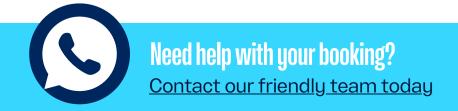


Boys or Girls 1 week (5 nights)

Or combine Development with our Language programme



CITYPLAY's wearable technology provides scores for critical football skills, allowing players to better understand their technical skills levels, such as first touch and dribbling, and their physical skills levels, such as speed and agility. Track your progress over time, based on personalised data. Now, players of all levels can understand their strengths, where they can improve, and how! Learn more about CituPlay.





## MANCHESTER CITY FOOTBALL PERFORMANCE

## TAKE YOUR GAME TO THE NEXT LEVEL



Our Performance programme offers players aged between 14-17 years the unique experience of developing their game to the highest standard.

Players will improve their understanding in both practical and theoretical environments, focusing on human and football performance.

With the support of Manchester City coaches and specialists, players will learn how to incorporate individual strategies to enhance their own performance.

#### **Programme includes:**

- Individual and team development
- Prevention of injuries & recovery techniques
- · Psychology within the game
- Performance analysis

View our prices and dates

#### **Programme Details**

- 15 hours per week of football coaching
- 15 hours of off-field education sessions
- Courses begin on Sundays and end on Fridays
- Suitable for B1 / Intermediate English speakers



Boys or Girls 1 week (5 nights)

Or combine your programme with our Language programme



Need help with your booking?

Contact our friendly team today.

# THE COULD YOU BECOME?

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The safety and welfare of our players is our number one priority. <u>Learn more about our safeguarding policies</u>.

For all other queries, visit our <u>FAQs page</u>, or <u>contact our friendly team</u>.



